WHAT IS CLAIMED IS:

- 1. A method for controlling manipulation of an electronic trading market by a trader comprising: receiving a request to cancel a first bid or offer; and
- suspending trading if a price difference between the first bid or offer and a second bid or offer is greater than a price amount.
 - 2. The method of claim 1 further comprising determining if a first trader has submitted both the first bid or offer and the second bid or offer.
 - 3. The method of claim 2 further comprising canceling the first bid or offer.
 - 4. The method of claim 3 further comprising indicating that the first bid or offer was canceled.
 - 5. The method of claim 3 further comprising replacing the first bid or offer with the second bid or offer.
 - 6. The method of claim 5 further comprising enabling the second bid or offer to be traded.
 - 7. The method of claim 1 wherein the price amount is determined by the electronic trading system.
 - 8. The method of claim 1 further comprising allowing a second trader to respond to the second bid or offer if the price difference is less than the price amount.

- 9. The method of claim 1 wherein suspending trading comprises preventing a second trader from responding to the second bid or offer.
- 10. The method of claim 9 wherein suspending trading further comprising setting a cooling off period.
- 11. The method of claim 10 further comprising allowing the second trader to respond to the second bid or offer upon completion of the cooling off period.
- 12. A method for controlling manipulation of an electronic trading market by a trader comprising:

 providing an exclusive trading period wherein only a first trader may submit a bid or offer and a second trader may submit a hit or take; and automatically providing a bid-offer period upon completion of the trading period.
 - 13. The method of claim 12 further comprising preventing the first trader from canceling or replacing the bid or offer.
 - 14. The method of claim 12 wherein providing the exclusive trading period further comprises allowing the first trader to submit multiple bids or offers.
 - 15. The method of claim 12 further comprising restarting the exclusive trading period upon the second trader submitting a hit or take.
 - 16. The method of claim 12 further comprising preventing the first trader from canceling

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or replacing the bid or offer during the bid-offer period.

- 17. The method of claim 12 further comprising allowing the second trader to respond to the bid or offer with a hit or take during the bid-offer period.
- 18. The method of claim 12 further comprising allowing the first trader to cancel or replace the bid or offer upon completion of the bid-offer period.
- 19. A trading system that controls manipulation of an electronic trading market by a trader comprising:
- a user computer that receives a request to cancel or replace a first bid or offer; and a trading server that provides a cooling off period when a price difference between the first bid or offer and a second bid or offer is greater than a price amount.
 - 20. The system of claim 19 wherein the price amount is determined by an electronic trading system.
 - 21. The system of claim 19 wherein the cooling off period prevents a second trader from responding to a first trader's first bid or offer.
 - 22. The system of claim 19 wherein the trading server allows a second trader to respond to the second bid or offer upon conclusion of the cooling off period.

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23. A system for controlling manipulation of an electronic trading market by a trader comprising:

a trading server that provides an exclusive trading period wherein a first trader may submit a bid or offer and a second trader may submit a hit or take, and a bid-offer period that starts automatically upon completion of the trading period.

- 24. The system of claim 23 wherein the exclusive trading period prevents the first trader from canceling or replacing the bid or offer.
- 25. The system of claim 23 wherein the trading period allows the first trader to submit multiple bids or offers.
- 26. The system of claim 23 wherein the trading server restarts the exclusive trading period upon the second trader submitting a hit or take.
- 27. The system of claim 23 wherein the bidoffer period prevents the first trader from canceling or replacing the bid or offer.
- 28. The system of claim 23 wherein the bidoffer period allows the second trader to respond to the bid or offer with a hit or take.
- 29. The system of claim 23 wherein the trading server allows the first trader to cancel or replace the bid or offer upon completion of the bid-offer period.
- 30. A method for controlling manipulation of a market comprising:

receiving a request to cancel a first bid or offer; and

- 5 canceling the first bid or offer if the market for the bid or offer is illiquid.
 - 31. A market for controlling manipulation of a market comprising:

receiving a request to submit a bid or offer at any time to promote liquidity;

providing an exclusive trading period wherein only a first trader may submit a bid or offer and a second trader may submit a hit or lift once sufficient trading or liquidity has occurred in the market.